
THE CONSCIOUS POD

Welcome to The Conscious Pod!

Its great to hear from you...there are **two** easy steps to working with me!

STEP 1:

FIRST Naturopathic Skype appointment: (\$600AUD = approx \$384USD/£312GBP) 120 minutes. Initial patient review and blood test review. [Click here](#). *If you would like to bring a hair or stool analysis to this appointment, email Gabi at c-pod@outlook.com and ask **for links to tests**.*

During this 2 hour appointment we will discuss your INTAKE Form and BLOOD Test Results. You will receive a Naturopathic Program within 3-5 days. If you have questions please write them down and book a [FOLLOW UP appointment](#) with Gabi. Australian clients can use their booking confirmation email to claim a NDIS rebate.

If you have recent blood tests, send them to c-pod@outlook.com If you haven't completed the online Client Intake Form you can download [this one](#) and email to c-pod@outlook.com

STEP 2:

FOLLOW UP Naturopathic Skype Appointment: (\$400AUD = approx \$256USD/£208GBP) 120 minutes. Review of 1-2 test results. [Click here](#)

During this 2 hour appointment we will review 1-2 integrative test results (you will be referred for these in your first appointment), discuss your child's progress and answer questions.

Within 3-5 days you will receive a Naturopathic Program with recommendations based on your test results. If you have trouble locating supplements, have questions, don't understand things on your program, refer to the [Parent Information Map](#) or book a [FOLLOW UP appointment](#) with Gabi. Australian clients can use their booking confirmation email to claim a NDIS rebate.

Email stool, hair, urine, food or blood tests to c-pod@outlook.com before your appointment.

I look forward to working with you,

Gabi Giacomini, Naturopath

List of Recommended Blood Tests

Full Iron Studies, Full thyroid panel (TSH, Free T3, Free T4, thyroid antibodies and reverse T3)
Vitamin D hydroxy, CBC, CRP, Zinc, Copper.

Optional:

LFT's, Lipid Panel, Selenium, Magnesium, Immunoglobulins IgG, IgA, IgM

